

## Group Exercise Instructor

### COMPANY AND CULTURE DESCRIPTION:

This is where you will put a description of your company.

### JOB POSITION DESCRIPTION:

We are looking for a group exercise instructor to lead large, member-centered fitness classes. Individuals should be highly motivated, energetic and sociable with a drive for coaching and motivating people. This instructor needs to be reliable, punctual, and have a health focus lifestyle. The instructors need to be knowledgeable about fitness while delivering safe, effective, and challenging fitness classes.

### RESPONSIBILITIES:

- Design workout classes
- Deliver workouts to groups of 3-24 clients
- Energize and motivate clients throughout the class
- Modify workouts to accommodate various skill levels
- Handle members concerns and answer any questions
- Attend mandatory staff meetings and in-services held by leadership
- Attract new members and retain current members

### QUALIFICATIONS:

- Must have 1-year teaching experience
- Strong verbal communication
- CPR Certified
- Personal training or group exercise certified
- High School Diploma/ GED
- Experience teaching specific classes that are being applied for is preferred
- Customer service experience
- Ability to carry at least 30 lbs.
- Positive, motivating and energetic personality

### BENEFITS:

- Fitness membership
- Training programs and classes
- Potential for promotions
- Positive team atmosphere

